

NOVEMBER 2019 LUNCH MENU YORK CENTRAL SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Meal Prices Breakfast \$1.50 K-5 Lunch \$2.75 6-12 Lunch \$2.85</p> <p>Choice of Upstate 1% or Fat Free Milk available daily</p>	<p><u>HS DAILY CHOICES</u> Salad Bar- Sandwiches</p> <p><u>EL DAILY CHOICES</u> Salad-Sandwiches- Smuckers Uncrustables</p>	<p>Check out our school Breakfast program Research shows that students who eat breakfast perform better in school, feel better and have more energy</p>	<p>Don't Forget Take at least one Fruit or Veggie and at least three items total so your meal counts as a complete lunch</p>	<p>1 Soft Pretzel with Cheese Sauce Broccoli Assorted Fruit Milk</p> <p>Early Dismissal</p>
<p>4 Chicken Patty Sandwich Au gratin Potatoes Assorted Fruit Milk</p>	<p>5 Taco Tuesday! With Toppings Corn Assorted Fruit Milk</p>	<p>6 Mozzarella Sticks With Dipping sauce Rotini Romaine Salad Assorted Fruit Milk</p>	<p>7 Cheese or Pepperoni Pizza Carrots Assorted Fruit Milk</p>	<p>8 Hot Dog on Bun Chips Baked Beans Assorted Fruit Milk</p>
<p>11 VETERANS DAY NO SCHOOL</p> 	<p>12 Chicken Nuggets and Mozzarella Sticks Carrots Assorted Fruit Milk</p>	<p>13 Cheesy Breadsticks With Marinara Sauce Coleslaw Assorted Fruit Milk</p>	<p>14 Cheese or Pepperoni Pizza Carrots Assorted Fruit Milk</p>	<p>15 Popcorn Chicken Mashed Potatoes Corn Assorted Fruit Milk</p>
<p>18 Wild Mike's Cheese Bites Tater Tots Assorted Fruit Milk</p>	<p>19 Taco Tuesday! With Toppings Corn Assorted Fruit Milk</p>	<p>20 Cheeseburger on Bun French Fries Assorted Fruit Milk</p>	<p>21 Turkey Dinner Turkey w/ Gravy Mashed Potatoes Stuffing Corn Assorted Fruit Milk</p>	<p>22 Cheese or Pepperoni Pizza Carrots Assorted Fruit Milk</p>
<p>25 NO SCHOOL Parent/ Teacher Conference Day</p>	<p>26 NO SCHOOL Parent/ Teacher Conference Day</p>	<p>27 NO SCHOOL</p>	<p>28</p> 	<p>29 NO SCHOOL</p>

Menu items subject to substitution

This institution is an equal opportunity employer and provider